

# "Cooking Italiano Kitchen"

Designed by Whistler Studios  
Featuring the Cooking Italiano Collection by Sue Schlabach



Check [www.windhamfabrics.com](http://www.windhamfabrics.com) Free Project section to see if there are any pattern updates before you start your quilt

**WINDHAM FABRICS**

812 Jersey Ave ~ Jersey City, NJ 07310 ~ 201.659.0444 ~ FAX: 201.659.9719  
[www.windhamfabrics.com](http://www.windhamfabrics.com) email: [retail@windhamfabrics.com](mailto:retail@windhamfabrics.com)

# "Cooking Italiano Kitchen"

Page 2



39400-X



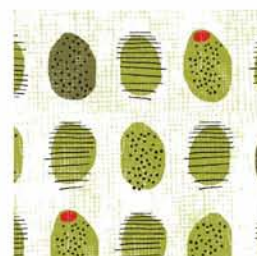
39401-X



39402-1



39402-2



39403-2



39403-3



39405-1



39405-4



39405-5

## Fabric Requirements:

18 1/2" x 12" Placemats & 20" Napkins

4 placemat panels - 39400-X Multi

1/4 yard - 39403-2 White

7/8 yard - 39402-1 Blue

1 5/8 yards - 39405-4 Green ( includes napkin backing )

1/2 yard - 39405-5 Red

7/8 yard - 39405-1 Blue ( Placemat Backing )

Over Mitt & 8 1/2" Potholders

Fat quarter - 39401-X Multi

Fat quarter - 39403-3 Yellow

Fat quarter - 39402-1 Blue

Fat quarter - 39405-5 Red

2 yards low-loft cotton batting for placemats, oven mitt and potholders

1 yard of Insul-Bright® for oven mitt and potholders

## Cutting and Assembly Instructions:

### PLACEMATS

#### 39400-X Multi Placemats

Cut out the 4 placemats leaving about 3/8" around placemat block.

*(This will be part of your seams allowance as the placemat will be finished with binding).*



# "Cooking Italiano Kitchen"

Page 3

39405-5 Red

Cut (6) 1 1/2" x Width of Fabric (WOF) strips for the placemat binding.

39405-1 Blue

Cut (4) 20" x 13 1/2" rectangles for the placemat backing.

Batting

Cut (4) 20" x 13 1/2" rectangles

1. Layer, top, batting and backing and quilt as desired. Trim batting and backing to match top of placemat.
2. Bind off the edges. Repeat for the other 3 placemats.

## NAPKINS

Instructions are for (4) napkins

*This napkin design was adapted from a napkin tutorial by Designer Elizabeth Hartman of Oh,Fransson! Visit <http://www.sewmamasew.com/2011/10/color-blocks-placemats-napkins-holiday-sew-along/> to see the complete tutorial.*

39402-1 Blue herbs

Cut (4) 14-1/2" x 14-1/2" squares for napkin center - A

39403-2 White olives

Cut (4) 3-1/2" x 14-1/2" strips for one side - B

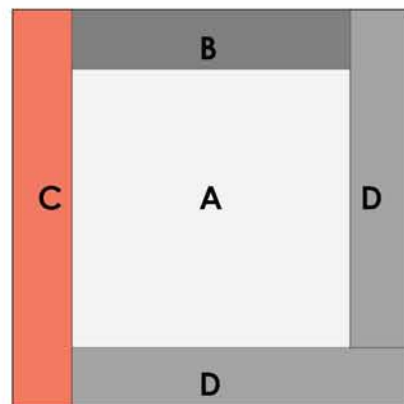
39405-1 Blue textured solid

Cut (4) 3-1/2" x 20-1/2" strips for side - C

39405-4 Green textured solid

Cut (8) 3-1/2" x 17-1/2" strips for two sides - D

Cut (4) 20-1/2" x 20-1/2" squares for backing



1. Assembly is like a log cabin. Take Strip B and attach it to one side of the Square A.
2. Rotate and take one Strip D and sew it as shown in the picture overlapping Strip B.
3. Rotate and take the other Strip D and overlap the other Strip D.
4. Rotate and take Strip C and sew it on the last side.
5. With right sides together, place the top over the backing and sew around all 4 sides leaving a 2-3" opening on one side for turning. Clip seam allowance at corners and turn to the right side. Press. Slipstitch the opening together.
6. Repeat for the other 3 napkins.

# "Cooking Italiano Kitchen"

Page 4

## POTHOLDERS

### 39402-1 Blue herbs

Cut (2) 8 1/2" x 8 1/2" squares for front and back for potholder A

Cut (1) 1 1/2" x 3 1/2" strip for the hanging loop for potholder A

### 39403-3 Yellow

Cut (2) 8 1/2" x 8 1/2" squares for front and back for potholder B

### 39405-5 Red textured solid

Cut (1) 1 1/2" x 3 1/2" strip for the hanging loop for potholder B

### Batting

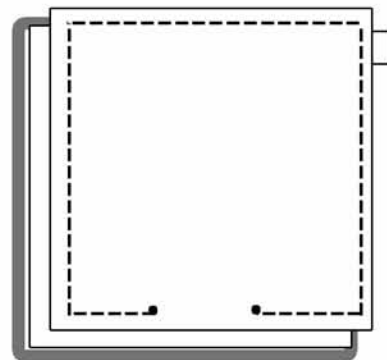
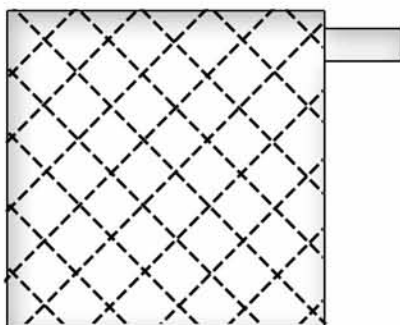
Cut (4) 8 1/2" x 8 1/2" squares for potholder inside

### Insul-Bright

Cut (2) 8 1/2" x 8 1/2" squares for potholder inside

### Starting with Potholder A

1. Take 1 1/2" x 3 1/2" strip and fold in half lengthwise. Sew long edge, turn and press flat. Fold in half lengthwise.
2. With right sides together, layer the front and back of the potholder. Slip the potholder loop in-between the 2 layers about 3/4" from the edge. Then layer one piece of batting, one piece of Insul-Bright and one piece of batting.
3. Sew around all 4 sides leaving a 2-3" opening. Clip corners of the seam allowance, turn and press. Slip stitch opening closed. Quilt using your favorite design.
4. Repeat for potholder B noting that hanging loop is made with a contrast color fabric.





# "Cooking Italiano Kitchen"

Page 5

## OVEN MITT:

See attached instructions for the oven mitt assembly and template supplied by Insul-Bright®. You can also visit the website: [www.warmcompany.com](http://www.warmcompany.com)

The open mitt outside fabric is:  
39401-X Multi kitchen accessories

The lining & hanging loop fabric is:  
39405-5 Red textured solid



## Insul-Bright®

Needlepunched Insulated Lining

The shiny side of your Insul~Bright should face the hot or cold item allowing it to reflect the energy back to its source. The polyester protects your hands, while the cotton batting absorbs condensation. No pre-wash is necessary. Machine wash warm & tumble dry finished oven mitt and pot holder.

### Oven Mitt Instructions

- 1) Cut two 9" x 12" pieces from each fabric - cover fabric, Insul~Bright, Warm & Natural batting & the lining fabric.
- 2) Trace enlarged oven mitt pattern on right side of one 9" x 12" piece of cover fabric. Trace a reversed mitt on the right side of the other piece of cover fabric.
- 3) Layer and baste oven mitt fabrics together in this order: cover fabric, Insul~Bright, Warm & Natural cotton batting, lining fabric. Zig-zag stitch through all fabrics around the cuff edge of the oven mitt. Trim away excess fabric from cuff edge. Make a reversed set.
- 4) Bind entire cuff edge with bias binding. If desired, add a hanging loop by stitching the ends of a 4" length of ribbon under the binding.
- 5) Lay the sets of fabric together with lining fabrics facing out. Zig-zag stitch around all edges EXCEPT the cuff edge. Trim away excess fabric from zig-zagged edge. Turn right side out.

**Enlarge by  
60%**

\*Make a matching pot holder by cutting two 6" squares of cover fabric & sandwich a layer of Insul~Bright between layers of Warm & Natural. Add 1/4" binding around.

### Insul~Bright Recommendations

Use with at least one layer of cotton batting, such as Warm & Natural or Warm & White, to absorb condensation.

Made In USA • Satisfaction Guaranteed!  
Not Intended for Microwave Use



(800) 234-9276  
[www.warmcompany.com](http://www.warmcompany.com)

Be sure to visit [www.windhamfabrics.com](http://www.windhamfabrics.com) to see the complete collection  
and to download other Free Projects

WINDHAM FABRICS